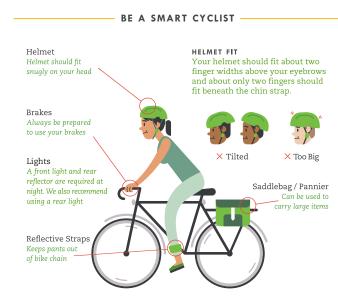


#### RIDING TIPS 🖈

Commuting by bike is fun and safe when you know the rules of the road and follow safety precautions. Inspect your bike by checking your tires and brakes before you hit the road. If you are unsure of your bike's condition, take it to a bike shop.

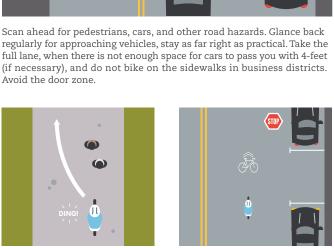












While on trails, ride right, pass left & Ride with traffic – never against. make others aware of your presence.

## RESOURCES VISIT BIKEPGH.ORG

Plan your routes online with our but with more information Tips and How-To Videos Useful tips for getting around town,

Keep up-to-date and discuss the interactive map. Just like this map, latest cycling news and issues. Cycling Events Calendar Find out about cycling related events and classes.

commuting, and riding with others Message Board Online forums to discuss routes, rides,and news with other local

Shops and Clubs Lists of shops, clubs and organi zations, and info on how to get

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www.bikepgh.org/membership

Healthy & Ride + PortAuthority

HealthyRidePGH.com

JOIN THE COMMUNITY

#### BIKING ACROSS BRIDGES 🕩

OHIO RIVER

1. McKees Rocks Bridge Fast moving traffic with no shoulders. Wide sidewalks on both sides (recommended). Pay close attention when approaching the

2. West End Bridge

Fast moving traffic with no shoulder. West End Circle is confusing and dangerous. It is highly recommended to take one of the sidewalks. Northside access on Western Ave (at-grade) or via a staircase under the bridge from North Point Dr (just off the trail) Southern access from Steuben St, or via a staircase on the West Carson St (westbound) McKees Rocks exit.

#### ALLEGHENY RIVER

Bike/pedestrian path. Downtown access from Point State Park. North Shore access between Heinz Field and PNC Park on

4. Roberto Clemente (6th St) Bridge, Andy Warhol (7th St) Bridge, and Rachel Carson (9th St) Bridge Slow and light traffic, no shoulder. Clemente Bridge has protected

bike lanes. Sidewalks on both sides.

5. Veteran's Bridge Don't even think of biking on this one.

Connects to the North Shore Trail via River Ave.

Medium speed traffic with no shoulder. Sidewalks on each side.

7. West Penn Railroad Bridge to Washington's Landing.

Slower moving traffic with wide shoulders, wide sidewalk.

9. 40th Street Bridge

Also known as Washington's Crossing Bridge. Fast moving traffic with no shoulders, busy during rush hour. Sidewalks on both sides (recommended). Easy connection to Millvale Trail.

10. 62nd Street Bridge Fast moving traffic, no shoulder. Sidewalk on the southbound side, with steps on the north end. Sharpsburg access at intersection of Main St and Bridge St.

11. Highland Park Bridge

Fast moving traffic with narrow shoulders and hectic interchanges at both ends. Sidewalk on the southbound side. Be sure to take the Freeport Rd Exit. Not recommended

### PARKING /

DOWNTOWN PARKING All of the Pittsburgh Parking Authority Garages have free sheltered bike racks, some even near an attendant.

PARKING ON UNIVERSITY CAMPUSES

In addition to campus racks outside most buildings, individual bicycle lockers are available for rent per term: University of Pittsburgh: pts.pitt.edu Carnegie Mellon University: cmu.edu

REQUEST A BIKE RACK

If you know a business or location that would benefit from a bike rack, request a rack through the City's 311 Response Line, or reach out to BikePGH at racks@bikepgh.org.

#### HAZARDS & EMERGENCIES 🥕

01 If you are in pain, stay put. Don't

02 Call 9-1-1 or tell someone else to

03 If your crash involves a car, make sure to get the driver's (a) contact

info. Collect witness contact

information if possble.

minor injuries lightly.

04 Go to the hospital. Do not take

05 Get an incident report number

from a police officer. You will

need one to obtain the police

info, (b) license plate, (c) insurance

try to move - you could end up injuring yourself even more.

EMERGENCIES Call 9-1-1 or tell someone else to

call for you.

REPORT A ROAD HAZARD Dial 3-1-1 to report potholes and other dangerous conditions.

NIGHT RIDING Wear blinky lights, try to wear reflective clothing, and ride with friends. A front light and rear reflector are required when

riding at night.

report to seek compensation for medical bills, etc. 06 Contact a lawyer. Document everything, Witness info, the responding officer's badge number, your trips to the hospital and all corresponding expenses related to your crash For more information visit bikepgh.org/crash

#### MONONGAHELA RIVER

Sidewalk connects Station Square (near Duquesne Incline) to Point State Park (behind Fort Pitt Museum).

13. Smithfield Street Bridge Slow moving traffic with wide shoulder and wide sidewalks on

both sides. Connects Station Square/South Side Trail to the Eliza Furnace Trail. Southbound, turn into Station Square to join the South Side Trail and avoid E. Carson St.

14. Liberty Bridge
Use the sidewalk. Do not attempt to share the lane with cars. This bridge is a highway.

Furnace Trail by making a right onto Second Ave.

15. South 10th Street Bridge Slower moving traffic (heavy during rush hour), no shoulder. Wide sidewalks on both sides. Northbound connects to the Eliza

**16. Birmingham Bridge**Buffered bike lanes both directions, stay VERY alert at the interchanges as cars speed on this bridge. Sidewalk on the southbound side (north access from Forbes Ave only) with a staircase on the southern end. Oakland-bound traffic may take either Forbes Ave or the sidewalk along Fifth Ave (for a mellower ride). Take special caution around 2AM when the bars let out.

17. Hot Metal Bridge
Bicycle and pedestrian bridge with a view. Connects the South Side Trail to the Eliza Furnace Trail. Recommended

18. Glenwood Bridge

Medium to high speed traffic with no shoulder and bad sight lines. fast moving on/off ramps. Sidewalk on both sides (reco Southern access, near Great Allegheny Passage, to sidewalk via two sets of steps on Baldwin Rd.

19. Homestead Grays Bridge Fast moving traffic with no shoulder. Sidewalks (recommended)

on both sides. 20. Rankin Bridge

Fast moving traffic with painted bike lanes that accumulate debris. Sidewalk on the northbound side.

BLOOMFIELD



21. Bloomfield Bridge Fast moving traffic, no shoulder. Sidewalk on the Oakland bound side. Access to Bigelow Blvd (heading east to Oakland) from the sidewalk is awkward, and Bigelow Blvd (west to Downtown) is highway-like and not recommended. Polish Hill access via

# BIKES ON TRANSIT

o1 — The "T"

Two bikes are permitted per light rail and must be stowed in the designated wheelchair spaces. Bicyclists may load/unload their non-folding bikes at high-platform stations only.

o2 — Buses Port Authority buses are equipped with a front-mounted

bike rack that can hold up to two bicycles.

03 — Monongahela Incline

One bike is permitted at a time and must be stowed in the upper level of the wheelchair-accessible car. There are no peak restrictions, but priority is given to wheelchairs.

04 — Duquesne Incline Two bikes are permitted at all times. There are no peak

o5 — Folding Bikes

Folding bikes are permitted on board the "T," buses without racks, and the Monongahela incline at all times.



system has an easy-to-use bike rack that carries up to two bicycles. Simply flip the rack down, load your bike, and secure your wheel with the cane-shaped arm.

original, upright position.

f you experience any issues with bus irivers or with bike racks on buses, follow these simple steps: 1. Take down the four-digit number

If you can't get the four-digit ID, be sure to get the bus route, time, and location of where you intended to board Before exiting, notify the driver that you need to retrieve your bike. Make sure to return the rack to its 3. Contact Port Authority Customer Service at 412-442-2000

Healthy & Ride

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Pittsburgh's Bike Share

How To



Register Create an account online, on the nextbike app or over the phone.



Visit any Healthy Ride station. Unlock bike via app, over the phone or with Membership Card.



Return Lock bike at any official station.

Membérship

ConnectCard user? Receive rider benefits.



412-535-5189 | HealthyRidePGH.com

Visit HealthyRidePGH.com for details.







